

Liz Cook Charts

Item	Price	Price per chart when you buy 2 or more of any mix of charts	Quantity	Total
Nutrition Chart	£7.95	£5.95		
Essential Oils Chart	£7.95	£5.95		
Yoga Chart	£7.95	£5.95		
Your Yoga Chart	£7.95	£5.95		
Seasonal Fruit & Vegetables Chart	£7.95	£5.95		
Natural Cleaning Solutions Chart	£7.95	£5.95		
Natural First Aid Remedies Chart	£7.95	£5.95		
Woman's Healing Herbs Chart	£7.95	£5.95		
You and Your Dog Chart	£7.95	£5.95		
Rainbow Activity Chart	£7.95	£5.95		
Children's Colouring Plate Chart	£7.95	£5.95		
"So What DO You Eat?" Book (+ Free Nutrition Chart)	£14.95			
Postage & Packing The chart price includes postage and packing to the UK. Please see table below for overseas rates.				
		Total		

Please make cheques payable to Liz Cook (not Liz Cook Charts) - thank you.

Your Name

Address

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Telephone Email.....

Any Notes.....

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Delivery will be within 28 days of receipt of order. Overseas orders will be dispatched via airmail. Free delivery to UK, overseas postage rates as follows:

Postage & Packing	Europe	Worldwide
Charts	£1.50 each	£2.00 each
Book	£3.50 each	£6.00 each

Liz Cook Charts, 65 Lincoln Street, Brighton, Sussex, BN2 9UG, United Kingdom